



Monarch Center

FOR FAMILY HEALING

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Monarch Center for Family Healing Celebrates 10 Years of Wilderness, Family Therapy with New Name

GEORGETOWN, Colo. (May 24, 2006) – For a decade, the Monarch Center for Family Healing has been offering safe, effective and immediate help for youth and families in crisis. The new name more accurately reflects the organization’s core philosophy: understanding and healing relationships within the family. The former Trailhead Wilderness School, founded in 1996 by husband-and-wife team Dave and Lori Ventimiglia, has evolved from a social services program to extensive treatment programs rooted in familial intervention.

The Monarch Center for Family Healing is the only wilderness therapy program that incorporates family and Gestalt therapies. Unlike many treatment programs for youth struggling with issues such as delinquency, truancy, drug abuse and depression, the Monarch Center requires the participation of the entire family unit.

“A youth in crisis is often a symptom of larger, troubled relationships and issues within the family. We work with the family to help them make the changes necessary for building trust, accountability and respect,” said co-founder Dave Ventimiglia.

Typically, a two-week youth backcountry session is preceded and followed by one week of intensive individual, family and group therapy sessions led by certified Gestalt practitioners. The program’s Gestalt practitioners, who average 23 years of experience, use individual, family and group therapy to address specific issues and concentrate on building self-awareness, self-confidence and self-worth. Gestalt therapy encourages participants to examine their feelings and behaviors in the present to achieve self-awareness.

The Monarch Center also offers outpatient and aftercare programs. Program daily rates are nearly 85 percent the average cost of competitors.

For more information about the Monarch Center for Family Healing, its programs and staff, please visit www.monarchfamilyhealing.com.

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